Track: 2018-04-06 Monte Mozzone	**IBP = 125 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	11.38 Km
Analyzed distance	11.38 Km
Lineal distance	0.04 Km

Accumulated climb	1136.7 m
Accumulated descent	1126.3 m
Maximum height	2285.7 m
Minimal height	1361.4 m
Climb rate	19.68 %
Descent rate	21.39 %
Positive climb difference per	99.89 m
Negative descent difference per	98.97 m

Total time	7:05:01 h
Time in movement	4:33:12 h
Stopped time	2:31:49 h

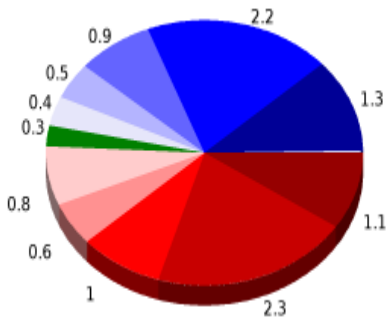
Total speed average	1.61 Km/h
Average speed in movement	2.5 Km/h
Maximum held speed	5.5 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	937 (cad. 12.14 m)
Significant points	315 (cad. 36.23 m / 33.62 %)
Aberrant points	104 (11.1 % d. total)

Direction changes per	14.32
Direction changes >5° per	10.72
Accumulated straight stretches	1.61 Km
Straight stretches per	141.48 m
Penalizables slope changes	7
Penalizables slope changes per	0.615

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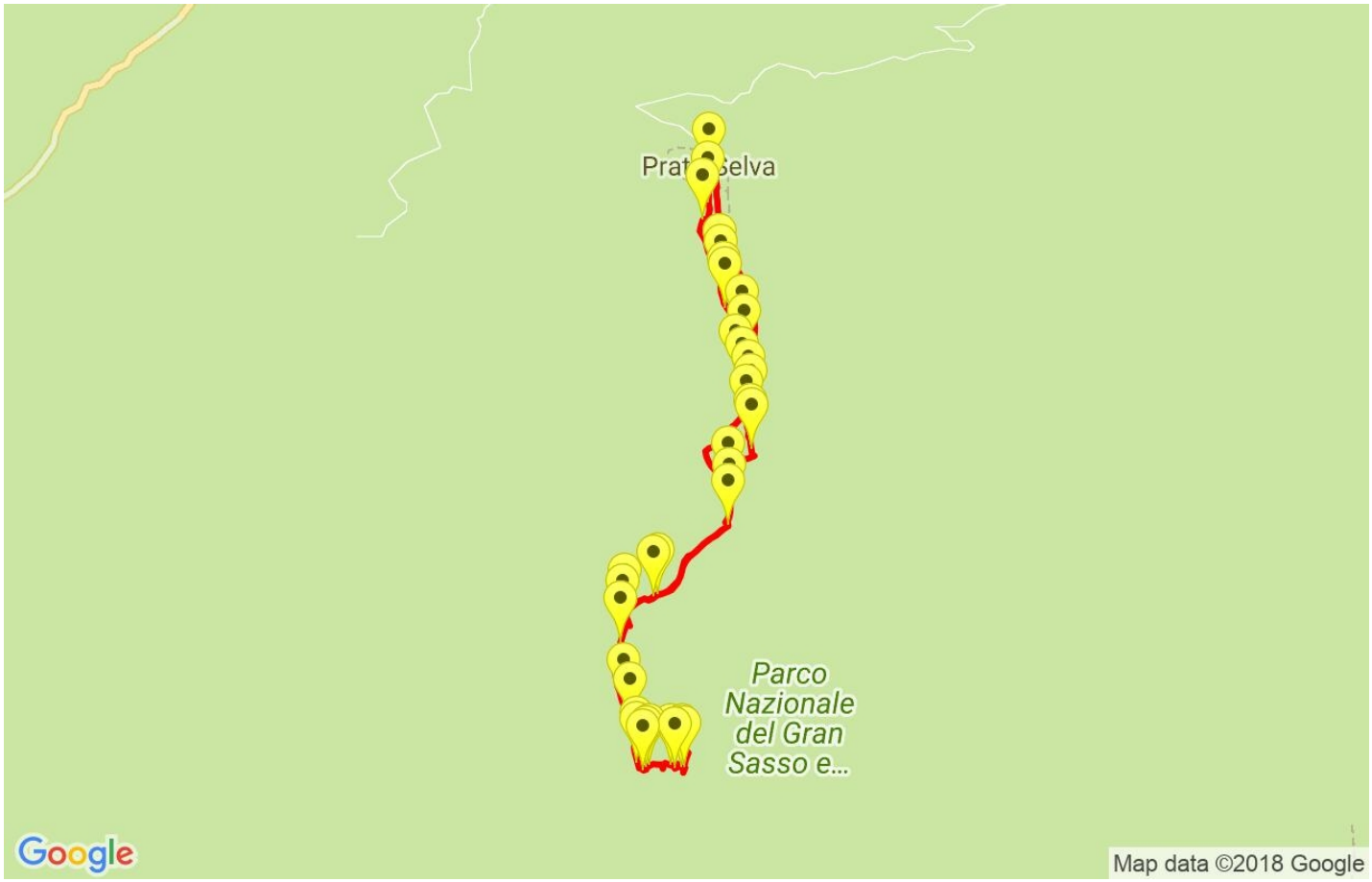
Summary of slopes

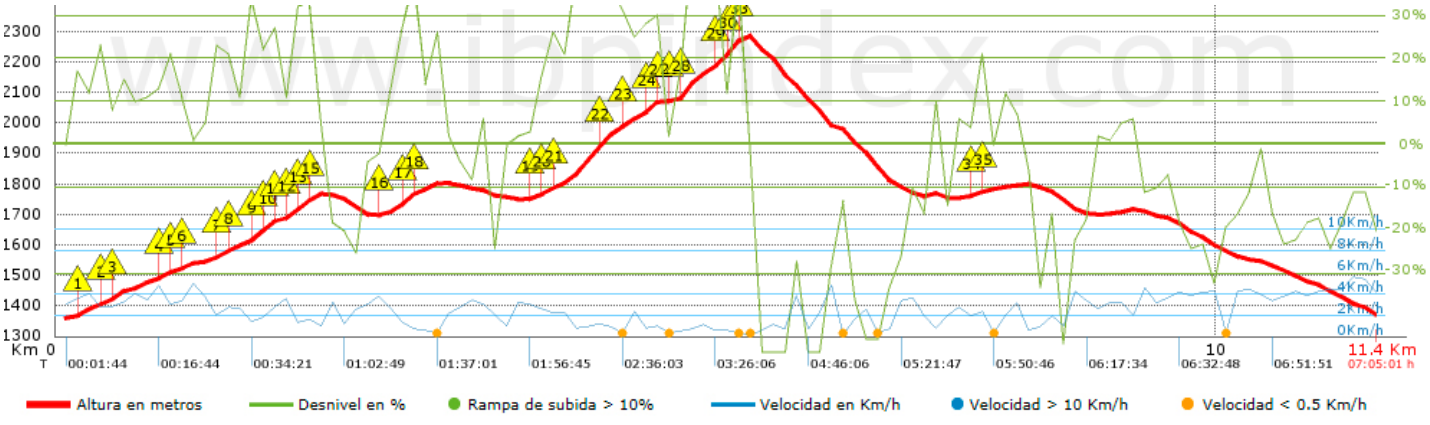


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.109	9.75	1.86	0:35:45
	Between 15 and 30%	2.312	20.32	2.14	1:04:48
	Between 10 and 15%	0.987	8.68	2.61	0:22:41
	Between 5 and 10%	0.61	5.36	2.46	0:14:52
	Between 1 and 5%	0.759	6.67	2.74	0:16:37
	Total :	5.777	50.78	2.24	2:34:43
	Plain				
	Difference of 1%	0.336	2.95	2.58	0:07:48
	Breakdown descents				
	Between 1 and 5%	0.421	3.7	3.15	0:08:01
	Between 5 and 10%	0.464	4.08	3.43	0:08:07
	Between 10 and 15%	0.865	7.6	2.89	0:17:57
	Between 15 and 30%	2.24	19.69	3.05	0:44:06
	Between 30% and 55%	1.274	11.2	2.35	0:32:30
	Total :	5.265	46.27	2.85	1:50:41
	Total track :	11.38	100 %	2.5	4:33:12

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
 1	0.116	17 %	196 m
 2	0.312	18 %	148 m
 3	0.46	17 %	410 m
 4	0.87	16 %	79 m
 5	0.948	18 %	116 m
 6	1.065	18 %	42 m
 7	1.33	22 %	138 m
 8	1.468	15 %	154 m
 9	1.622	29 %	123 m
 10	1.745	26 %	103 m
 11	1.848	19 %	113 m
 12	1.962	21 %	76 m
 13	2.038	29 %	145 m
 14	2.183	33 %	31 m
 15	2.214	30 %	32 m
 16	2.793	18 %	142 m
 17	2.936	33 %	132 m
 18	3.068	14 %	167 m
 19	4.051	11 %	74 m
 20	4.125	14 %	116 m
 21	4.24	35 %	462 m
 22	4.703	30 %	147 m
 23	4.849	27 %	244 m
 24	5.093	33 %	36 m
 25	5.129	30 %	38 m
 26	5.305	12 %	33 m

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27	5.338	18 %	30 m
28	5.368	37 %	284 m
29	5.652	34 %	110 m
30	5.762	42 %	74 m
31	5.837	38 %	35 m
32	5.871	46 %	31 m
33	5.902	11 %	36 m
34	7.894	22 %	37 m
35	7.931	20 %	74 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	243.95	2.14	0:01:36	9.15	0:43:05	0:44:41	0.33
2000	1475.457	12.97	0:33:20	2.66	0:55:37	1:28:57	1
1750	4071.494	35.79	2:03:05	1.98	0:47:54	2:50:59	1.43
1500	3929.617	34.54	1:26:34	2.72	0:05:13	1:31:47	2.57
Total :	9.721 Km	85.44 %	4:04:35 h	2.38 Km/h	2:31:49 h	6:36:24 h	1.47 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.002	0:02:49	1742	1:17:14	1:17:14	3.002
3.068	0:02:46	1766	1:22:13	0:04:59 < 10´	0.066
3.167	0:06:48	1782	1:27:07	0:04:54 < 10´	0.099
4.849	0:05:41	1979	2:30:22	1:03:15	1.682
5.02	0:02:49	2024	2:40:32	0:10:10	0.17
5.207	0:09:21	2074	2:49:31	0:08:59 < 10´	0.188
5.305	0:04:10	2072	2:59:45	0:10:14	0.097
5.368	0:11:08 > 10´	2081	3:04:58	0:05:13 < 10´	0.063
5.614	0:14:11 > 10´	2169	3:22:00	0:17:02	0.246
5.762	0:44:29 > 10´	2223	3:37:14	0:15:14	0.149
6.012	0:03:01	2273	4:23:19	0:46:05	0.249
6.151	0:06:44	2209	4:31:00	0:07:41 < 10´	0.14
6.4	0:02:49	2112	4:42:11	0:11:11	0.249
6.707	0:10:45 > 10´	1984	4:52:45	0:10:34	0.307
6.998	0:04:10	1886	5:09:40	0:16:55	0.291
7.104	0:02:49	1838	5:15:47	0:06:07 < 10´	0.106
8.006	0:05:40	1781	5:44:27	0:28:40	0.902
8.286	0:06:26	1795	5:56:20	0:11:53	0.28
10.031	0:05:13	1587	6:40:03	0:43:43	1.745
Total :	2:31:49 h				

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